



**NAME** \_\_\_\_\_  
(PLEASE PRINT CLEARLY)

**Zip Code** \_\_\_\_\_  
\_\_\_ Senior(s) 60+ \_\_\_ Children 18-2  
\_\_\_ Adult(s) 18-59 \_\_\_ Infant(s) 0-2

Are you or is anyone in your household a  
Veteran?

**Canned Meat (choose 2)**

- Tuna
- Salmon
- Canned Chicken or Pouch
- Canned Pork
- Sardines

**Cereal (choose 1)**

- Lucky Charms
- Cheerios or Honey Nut Cheerios
- Honey Nut Chex

**Fruit (choose 2)**

- Apple Sauce
- Pineapple
- Sliced Pears
- Sliced Peaches
- Mandarin Oranges
- Fruit Cocktail
- Raspberry Puree

**Vegetables (choose 2)**

- Green Beans
- Carrots
- Mixed Vegetables
- Corn
- Spinach
- Frozen Soy Beans (Edamame)

**Frozen Meat (choose 3)**

- Ground Beef
- Lamb Shanks
- Catfish
- Seasoned Ground Pork
- Ground Venison
- Hot Dogs
- Hamburger Patties
- Deli Turkey Meat (Counts as 2 choices)
- Chicken Fingers (Counts as 2 choices)

**Other Items (unlimited)**

- Frozen Pollock Fish Fillets
- Peanut Butter
- Grape Jelly
- Canned Beans
- Dry Kidney Beans
- Chick Peas
- Seasoned Pinto Beans
- Baked Beans
- Assorted Dry Beans / Peas / Lentils
- Oatmeal
- Corn Grits
- Rice and/or Ready Brown Rice
- Pasta
- Stuffing Mix
- Potato Flakes
- Dried Figs
- Dried Cranberries
- Dried Plums
- Fruit and Nut Trail Mix
- Almonds
- Pecans
- Hazelnuts
- Walnuts
- Frozen Fried Ravioli

- Cheeseburger / Stroganoff Skillet Meal
- Baked Pita Chips
- Vegetable Soup (vegetarian)
- Assorted Soup
- Cream of Chicken Soup
- Pasta Sauce
- Assorted Snacks
- Mac and Cheese
- Chili Can
- Beef Stew Pouch
- Pizza Kit
- Butter
- Bison Dip Bacon French Onion or  
Buffalo Ranch
- Mozzarella Cheese
- American Cheese (5lb)
- Bread
- Sweets

**Beverages (choose 3)**

- Juice (circle choices)  
Grapefruit/ Diet Cranberry
- Unsweetened Iced Tea
- Lactose Free Milk
- Chocolate Dry Milk or White Dry Milk
- Shelf stable milk (circle choices)  
Cashew / 1% / vanilla soy/